

HOT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NATURally	VEGAN BITES & WEDGES	VEGGIE BREAKFAST WRAP	HOT FALAFEL POKE BOWL	LENTIL BUDDHA BOWL	SPICY LENTIL & BEAN BURRITO
street VIBES	CHICKEN STIR FRY NOODLES	KOREAN FREID RICE	PIRI PIRI CHICKEN SHAWARMA	CHICKEN TIKKA SHAWARMA	KOREAN FRIED RICE
LOOK OUT FOR OUR NEW BLUE DOT MENU ITEMS					
HOT PANINIS, HOT TWISTERS & DAILY SPECIALS					

COLD

NATURally	VEGAN NOODLE BOWL	MEZZE BAG & HUMOUS POT	VEGETABLE SUSHI	NO CHICKEN CAESAR SALAD	MARINATED EDAMAME BEANS
WRAPS	CHICKEN CAESAR	PIRI PIRI CHICKEN	CHEESE & HAM	VEGAN ONION BHAJI	ROASTED PEPPER HUMOUS & SPINACH
CHOICE OF BAGUETTES, ROLLS & PASTA POTS					

HOT

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NATURally

LENTIL
BUDDHA
BOWLVEGAN
BITES &
WEDGESVEGAN KOREAN
NOODLESMANAGER'S CHOICE
NATURALLYCHEESE & ONION
SAUSAGE ROLLCHICKEN TIKKA
SHAWARMAGARLIC CHICKEN
KEBABCHICKEN & BEAN
ENCHILADASCHICKEN STIR FRY
NOODLESKOREAN FRIED
RICE

LOOK OUT FOR OUR NEW BLUE DOT MEAL DEAL ITEMS

HOT PANINIS, HOT TWISTERS & DAILY SPECIALS

COLD

NATURally

GREEK SALAD

GREENS &
GRAINSVEGETABLE
SUSHIVEGAN
NOODLE BOX

CAESAR SALAD

WRAPS

HAM &
CHEESEROASTED
PEPPER HUMOUS
& SPINACHPIRI PIRI
CHICKEN

BBQ CHICKEN

VEGAN
FALAFEL & HUMMOUS

CHOICE OF BAGUETTES, ROLLS & PASTA POTS

HOT

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NATURally

HOT BHAJI POKE
BOWLSPICY BEAN
& LENTIL
BURRITOVEGETABLE FRIED
RICE WITH TERIYAKI
STICKY BROCCOLIVEGAN
KOREAN
NOODLESMUSHROOM &
CHEESE
QUESADILLAPIRI PIRI
CHICKEN
SHAWARMATURKISH CHICKEN
TANTUNICHICKEN STIR
FRY NOODLESKOREAN FRIED
RICE

V BURGER

LOOK OUT FOR OUR NEW BLUE DOT MEAL DEAL ITEMS

HOT PANINIS, HOT TWISTERS & DAILY SPECIALS

COLD

NATURally

MARINATED
EDAMAME BEANSVEGAN NOODLE
BOWLVEGETABLE
SUSHI

GREEK SALAD

MEZZE BAG

WRAPS

BBQ CHICKEN

CHICKEN CAESAR

VEGAN FALAFEL
& HUMOUS

HAM & CHEESE

VEGAN ONION
BHAJI

CHOICE OF BAGUETTES, ROLLS & PASTA POTS