

## St Peter's Catholic School

Horseshoe Lane East  
Guildford Surrey GU1 2TN

Tel: 01483 534654

Fax: 01483 306571

E-mail: [info@st-peters.surrey.sch.uk](mailto:info@st-peters.surrey.sch.uk)

[www.st-petersschool.co.uk](http://www.st-petersschool.co.uk)

Headteacher: Mr T Miller



14<sup>th</sup> October 2020

### Important: COVID-19 Update

Dear Parents and Carers

I am writing to advise you that there has been a confirmed case of COVID-19 at St Peter's in Year 11. The small number of students who have been in direct prolonged contact with the confirmed case have been contacted and are isolating at home for 14 days.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The following is a standard letter from Public Health England that is sent to families whenever there is a confirmed case in a school. Please read this carefully to refresh yourselves. Reflecting on the current situation, I would like to add a couple of extra reminders that you can support us with by reinforcing their importance with your child:

- relentless focus on hand cleaning/sanitisation and desk cleaning is crucial
- relentless adherence to the one-way system at school is crucial
- adhering to social distancing guidelines, especially in respect of staff at school is crucial
- if your child has a COVID-19 symptom keep them at home, however much they want to come to school. Stopping the virus coming onto the school site is the primary method of avoiding future infections within school.

I would also like to remind you of my previous request to avoid coming on to the school site unless picking up a poorly child.

Whilst writing, it is imperative that you contact the school immediately if your contact details change. Please email [parents@st-peters.surrey.sch.uk](mailto:parents@st-peters.surrey.sch.uk) and we will update the database with immediate effect.

### What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available using this link:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

## **Symptoms**

The most common symptoms of coronavirus (COVID-19) are a recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child or anyone in the household does develop symptoms, you can seek advice from <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

## **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19 by doing the following:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## **Further information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

God Bless.

Yours sincerely

Mr T Miller  
Headteacher